➜ Leia o texto e responda, **em português**, as questões propostas.

A Day in Jane's Life

Jane is a very organized person. She **always** wakes up at 6 AM, no matter the day. She **usually** goes for a run in the park nearby her house before having breakfast. Her breakfast **often** includes a smoothie, some toast, and fruit. She works from home, so her commute is very short. She **never** misses her morning routine because it helps her stay focused throughout the day.

During the day, Jane **often** takes short breaks to stretch and walk around. For lunch, she **usually** prepares a light meal and takes about an hour to relax. In the afternoon, Jane **sometimes** has meetings with her colleagues. She **always** tries to finish her work by 6 PM. After work, she **often** spends time with her friends or engages in hobbies like painting or playing the guitar.

In the evening, Jane **usually** cooks dinner. She **sometimes** experiments with new recipes, but she **never** skips her salad. After dinner, she **often** watches a movie or a TV show to unwind. Before going to bed, Jane **always** reads for a while. She **never** goes to bed late because she knows how important sleep is for her overall well-being.

1) **Qual é o horário que Jane sempre acorda?**
   R: _____
   _____

2) **O que Jane faz antes de tomar café da manhã?**
   R: _____
   _____

3) **O que costuma incluir no café da manhã de Jane?**
   R: _____
   _____

4) **Onde Jane trabalha?**
   R: _____
   _____

5) **Jane nunca perde sua rotina matinal. Por quê?**
   R: _____
   _____

6) **O que Jane prepara para o almoço?**
   R: _____
   _____

7) **Jane tenta terminar seu trabalho a que horas?**
   R: _____
   _____

8) **O que Jane faz após o trabalho?**
   R: _____
   _____

9) **Com que frequência Jane experimenta novas receitas?**
   R: _____
   _____

10) **O que Jane faz para relaxar após o jantar?**
   R: _____
   _____

11) **O que Jane faz antes de dormir?**
   R: _____
   _____

12) **Jane nunca vai para a cama tarde. Qual é a razão para isso?**
   R: _____
   _____